

#QUESTNEWS

September

As we welcome September, we're starting to feel that familiar shift in the air. The days are getting a little shorter, the weather is beginning to change, and we're soaking up those last little bits of summer before fall officially arrives.

September is also a great time to look back on the amazing work happening across the Quest community.

Read on for some exciting updates, including some BIG employee milestones and recognitions we're thrilled to share with you!

Important Dates:

- Sept 7: CLOSED for Labour Day
- Sept 9: End of Summer BBQ
- Sept 15: Corn Maze Field Trip
- Sept 22: 1st Day of Autumn
- Sept 30: National Day for Truth and Reconciliation. Please wear your orange shirts



SOME BIG EMPLOYEE MILESTONES

20 YEARS – VIOLETTA TETZLAFF & BRIAN LALLY

Congratulations on 20 incredible years with Quest! Your amazing dedication, hard work, and commitment have made a big & lasting difference. How in the world has 20 years gone by so quickly?

25 YEARS – BOB COLUTER

Congratulations on an amazing 25 years with Quest! Your dedication and contributions have touched countless lives and helped shape our organization. Thank you for everything you do!

30 YEARS- RENE JACOB

Three decades of incredible support... As Mike T has always said, "Rene is someone I would want to support my loved ones if they were in care". Rene is a great example of what it is to be a person-centered support. If you see him around Access, be sure to congratulate him on this milestone.



CONGRATULATIONS TO FAVOUR OUR SEPTEMBER E.O.T.M

Tell us something most people wouldn't know about you?

Most people do not know that I actually do enjoy helping others and being a part of solutions to problems another thing is that I am a very family oriented person I enjoy spending time with my friends, and family also to create meaningful memories.

What's the best advice that you can give a newbie in the field?

My best advice would be to stay patient, be willing to learn, and always treat people with respect. Every experience, whether good or challenging, is an opportunity to grow. Don't be afraid to ask questions, learn from those around you, and always give your best effort. Your attitude, reliability, and willingness to learn can take you a long way.

Where in the world are you going to travel to next? We wanna know!

I would most like to travel to Japan. I would love to experience the rich culture, architecture, food, and beautiful scenery. It would also be a great opportunity to relax, explore somewhere completely different, and create unforgettable memories with my family.



ACCESS TO DINING W MICHAEL & SEAN

This month we were able to try a new place in town called **Johnny's Cafe and Bistro** that is located at 413B 2nd Ave South. The food is very tasty and made fresh. Michael had a vermicelli bowl with chicken and spring rolls. Beverly had the same but did take it back to program as there is only 1 table in the cafe. The place was very busy as people were taking out lunches and delivery people were showing up. Prices were \$12 to \$22 for meals and the Bah Mi sandwiches were the most affordable items on the menu. When we come back we will have to try one of those. For the rest of the month we went to a few different Indian restaurants. We went to our favourite one the Mango Tree, then New Taste of India, and finally Rivaaz. There are more places to go but we only had so many weeks. Please remember to sign up for the special BBQ's coming up in the future. ALSO- let us know about your favourite restaurants around town! We love some good ol' recommendations from the Quest Community.

The Quest Excellence Award is a special opportunity for management to recognize employees who demonstrate excellence in their roles. It was an honour to read the incredible nominations and hear about the amazing work being done across Quest. This year, we are proud to recognize 33 Excellence Award recipients! Turn to the next page to see.

EMPLOYEE EXCELLENCE SEE PG 3

QUEST EXCELLENCE

Congratulations!

★ GOLD ★

★
Carolyn
GEDDERT

★
Belinda
WIESE

★
Myah
SLUIK

★
Christian
ONGPAUCO

★
Irene
CHESEREM

★
Robyn
JOHNSON

★ DISTINCTION ★

★
Lindsay
LEEGSTRA

★
Josephine
CHEPKOECH

★
Sylvia
CHEBON

★
Ashleigh
GABBIDON

★
Leah
PERALTA

★
Carolynne
JEROTICH

★
Rene
JACOB

★
Isaac
LETTING

★
James
CALDWELL

★
Jacob
WASIKE

★
Alex
OKINGO

★
Michael
MELSTED

★ ACHIEVEMENT ★

★
McKaila
MCNAIR

★
Violette
TETZLAFF

★
Kayce
AZANUDO

★
Raphaella
DUARTE

★
Priestly Sr.
EJETAVBO

★
Stephano
WASHIKALA

★
Mary
MAGUET DENG

★
Len
KOMANAC

★
Sylvester
ODURO

★
Dayo
ORIMOLADE

★
John
MANYOK

★
Blake
SCHNOOR

★
Chelsea
SMALL

★
Ola
RUFAl

★
Harjot
SINGH

SAIL ANNOUNCEMENT

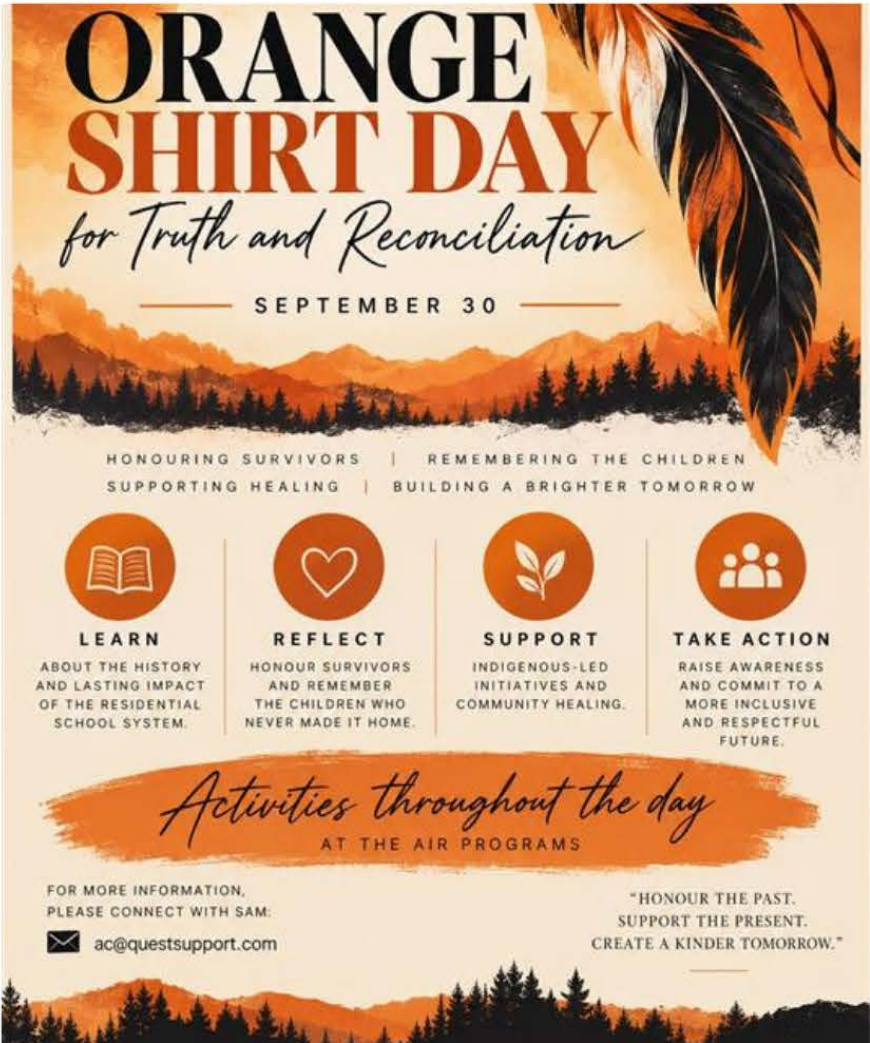
Citizen Walk – September 18, 2026

Join Inclusion Lethbridge for Citizen Walk, Southern Alberta's annual celebration of disability inclusion and community! Come together with individuals, families, caregivers, service providers, and community members as we celebrate inclusion, connection, and citizenship. The walk will begin at City Hall and continue to Galt Gardens, followed by food trucks, games, goodies, and entertainment!

10:00 AM–2:00 PM | City Hall, 910 4 Avenue South

SAIL Masquerade Party – September 28, 2026

Get ready for some fun at SAIL's Masquerade Party! Each program will be hosting its own celebration, and everyone is welcome to join. Come dressed up, wear a fun mask or costume, and enjoy some fun together!



ORANGE SHIRT DAY
for Truth and Reconciliation

SEPTEMBER 30

HONOURING SURVIVORS | REMEMBERING THE CHILDREN
SUPPORTING HEALING | BUILDING A BRIGHTER TOMORROW



LEARN
ABOUT THE HISTORY AND LASTING IMPACT OF THE RESIDENTIAL SCHOOL SYSTEM.



REFLECT
HONOUR SURVIVORS AND REMEMBER THE CHILDREN WHO NEVER MADE IT HOME.



SUPPORT
INDIGENOUS-LED INITIATIVES AND COMMUNITY HEALING.



TAKE ACTION
RAISE AWARENESS AND COMMIT TO A MORE INCLUSIVE AND RESPECTFUL FUTURE.

Activities throughout the day
AT THE AIR PROGRAMS

FOR MORE INFORMATION, PLEASE CONNECT WITH SAM:
✉ ac@questsupport.com

"HONOUR THE PAST.
SUPPORT THE PRESENT.
CREATE A KINDER TOMORROW."

AIR September

2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 <i>Culinary - AM</i> <i>Swimming - AM</i> <i>Discovery Den - PM</i> <i>Quest for Knowledge - PM</i> WHL Preseason (Hurricanes vs. Tigers)	2 <i>Mindful Minds - AM</i> <i>Sensory Studio - AM</i> <i>Swimming - PM</i> <i>Creave Quest - PM</i> Lunch in the Park - PM	3 <i>Swimming - AM</i> <i>Skill Development - AM</i> <i>Access/ReachCulinaryMeeting</i> <i>Goals - PM</i> D&D Club - PM	4 <i>Jam Session - AM (Access)</i> <i>Theatre Exploration - AM</i> <i>The Book Nook - PM</i> CASA Lunch & Listen Zumba with Amie - 1:30PM (Impact)	5 Latin Fest Farmers Market Renaissance Faire	6 Oktoberfest Thunder in the Bridge
7 Labor Day Access and Impact Closed Reach Holiday Hours 09:00-17:00	8 <i>Swimming - AM</i> <i>Discovery Den - PM</i> <i>ASL - PM</i>	9 End of Summer BBQ 	10 <i>Swimming - AM</i> <i>Skill Development - AM</i> <i>Access/ReachCulinary</i> <i>Goals - PM</i> D&D Club - PM Oktoberfest Begins	11 <i>Foodie Friday</i> <i>Jam Session - AM (Impact)</i> <i>Theatre Exploration - AM</i> <i>The Book Nook - PM</i> Zumba with Amie - 1:30PM (Impact) <i>Foodie Friday</i> Windy City Tattoo Show Begins	12 Farmers Market Digi Arts Festival The Category 4 Kickoff Party	13 Windy City Tattoo Show Ends Oktoberfest Ends
14 <i>Walking Club - AM</i> <i>Game Zone - AM</i> <i>QFLL - AM</i> <i>Swimming - PM</i> <i>Name That Tune - PM</i>	15 CornMaze 	16 <i>Mindful Minds - AM</i> <i>Sensory Studio - AM</i> <i>Swimming - PM</i> Highway Crew Orientation - 1 PM <i>Creave Quest - PM</i> Lunch in the Park - PM	17 <i>Swimming - AM</i> <i>Skill Development - AM</i> <i>Access/ReachCulinary</i> <i>Goals - PM</i> D&D Club - PM Spirit Café - PM (Public Library)	18 <i>Jam Session - AM (Access)</i> <i>Theatre Exploration - AM</i> <i>The Book Nook - PM</i> Cizzen Walk About 10 AM - 2 PM <i>Bowling - PM</i> <i>Foodie Friday & Pool Tourney</i>	19 Farmers Market KOKUYOSA	20 KOKUYOSA
21 <i>Walking Club - AM</i> <i>Level Up Lounge - AM</i> <i>Game Zone - AM</i> <i>QFLL - AM</i> <i>Swimming - PM</i> <i>Name That Tune - PM</i>	22 First Day of Autumn <i>Culinary - AM</i> <i>Swimming - AM</i> <i>Discovery Den - PM</i> Movie Mill - PM	23 <i>Mindful Minds - AM</i> <i>Sensory Studio - AM</i> <i>Swimming - PM</i> Highway Cleanup - 9 AM - 12 PM <i>Creave Quest - PM</i> Lunch in the Park - PM	24 <i>Swimming - AM</i> <i>Skill Development - AM</i> <i>Access/ReachCulinary</i> <i>Goals - PM</i> D&D Club - PM	25 <i>Jam Session - AM (Impact)</i> <i>Theatre Exploration - AM</i> <i>The Book Nook - PM</i> Zumba with Amie - 1:30PM (Impact) <i>Foodie Friday</i> Bunka Hashi Festival	26 Bunka Hashi Festival Farmers Market	
28 <i>Walking Club - AM</i> <i>Game Zone - AM</i> <i>QFLL - AM</i> <i>Swimming - PM</i> <i>Name That Tune - PM</i>	29 <i>Culinary - AM</i> <i>Swimming - AM</i> <i>ASL - PM (Theatre Room)</i> SAIL Masquerade Potluck and Party - 11:30	30 National Day for Truth and Reconciliation Day	Key: Access Impact Reach AIR Galt Museum Community Events			