

QUEST SUPPORT SERVICES



MARK YOUR CALENDARS FOR DISABILITY SERVICES PROFESSIONAL WEEK 🎉🎉🎉🎉🎉

We're stoked to share the exciting news that Minister Nixon has officially declared the 3rd week in May as Disability Services Professional Appreciation Week! This is a wonderful opportunity for our community to come together and recognize the incredible contributions of the dedicated disability service professionals. Mark your calendars for May 22, 2024 and don't forget your yellow shirt!

Let's come together as a community to honour and celebrate the dedication and compassion of disability service professionals!

More on Pg 2!



IMPORTANT DATES

- May 8th- NHL Tailgate Party @ Legacy Park
- May 13th- Mother's Day High Tea and Paint & Sip at AIR
- May 20th- Victoria Day (Office is Closed)
- May 22- Community Disability Service Professionals walk from City Hall to Festival Square
- World schizophrenia & psychosis awareness day



Spring is in full swing! For the month of May, we encourage the Quest Community to get active and enjoy the great outdoors! Here's some fun ways to do so:

- Outdoor Adventures: As the weather warms up, it's the perfect to explore nature trails, parks, and gardens.
- Community Events: Keep an eye out for local festivals, markets, and gatherings in your area. It's a great way to connect with your neighbours, support small businesses, and have fun.

CDSP WEEK- IT'S OFFICIAL!



RECOGNIZE QUEST EMPLOYEES!

Do you know someone who goes above and beyond in their role, making a positive difference in the lives of others? Here's your chance to show your gratitude! You can recognize these amazing individuals by:

- ✉ Writing them an appreciation card
- 🎨 Creating a personalized painting or craft
- 👕 Sporting a yellow shirt on Monday the 22nd to show your support and appreciation



“ EVERY DAY EVERYWHERE ”

WHAT'S HAPPENING MAY 22?

- 9-10am: Coffee, tea, snacks at AIR and Main.
- 10-noon: Community Walk starting at City Hall.
- 12-2pm: Taco in a Bag lunch for the Quest Community!
- Draws, games, and prizes throughout the week on instagram!

STAY CONNECTED

- Follow our instagram account @QuestYQL to get in on the fun.
- Follow the regional instagram account @CDSPW to stay up-to-date on regional happenings.
- Follow @ADWA on instagram!

QUEST EMPLOYEE DISCOUNTS

- Soda Mill: Feature Drink.
- Kodiak: \$89 AC/Furnace service (Quest employees only, offer valid Jun 1-Jun 30th, 2024). Bring your paystub to prove employment. Parts and mileage fees may apply.
- Polished Janitorial: 15% off entire purchase.

A COUPLE IMPORTANT REMINDERS...

Stay up to date on information by following us on Instagram @QuestYQL, reading Newsletters, attending house meetings, and reading your emails!



FILE REQUIREMENTS... YEAH... WE KNOW :(

It has come to our attention that the reminder emails concerning file requirements were not working properly through Avanti! The problem should be fixed now, however all employees must CHECK their Avanti portals! Please ensure you are signing up for courses BEFORE they expire to avoid formal follow-up or shift removal.

A NOTE FROM THE ERC

Friendly reminder to all employees that after a weekend or long-weekend, the ERC team updates all employee calendars before the end of the day on the following business day! This sometimes takes longer due to the number of calls and adjustments needed after a weekend. Please be patient with us and be sure to check your calendar if anything is missed or was not adjusted, just give us a call



JUST A REMINDER!

Public Service Announcement: Drey is literally the coolest, and we wanted you to know! He makes our day with his laughs, visits, and kindness. Thanks Drey for being so awesome!



Sam O is the best! Over the years we have seen her go above and beyond in her job duties, from creating a detailed communication book for an individual who is non-verbal, to shadowing and mentoring new staff. She is always first to jump in to help, and goes the extra mile to show her support for the Access program. We are extremely proud of her decision to advance her education & continue working part-time. We sincerely thank Sam for her continued dedication and hard work. Best of luck with school & the ERC loves your cat!

#FLAVOUR TOWN

ACCESS TO DINING w Michael & Sean

This month we went to Franks Redwood on 13th Street North for lunch. Michael was able to enjoy a waffle sandwich with turkey and bacon. Michael seemed to enjoy the lunch even though it was a smaller portion than expected without any side dishes. Another favourite over the years is the Mango Tree and everyone who attended seemed pleased with their meals. Sean went to Church's Texas Chicken and had chicken strips. He loved how crispy the coating was and the juiciness of the chicken, the side was crinkle cut fries and orange Fanta to wash it down. Next month we plan on going to the Sarsa Grill to try a fusion of Filipino and Japanese food, so stay tuned.

- Mike, Sean & Rene



HEY

NEW IRC MEMBER ALERT- meet Rebecca Neels!

I am the President of Canadian Adaptive Snowsports Alberta (CADS). I have been on the board for 8 years, and I have served in this role, a vice president role and I have also been a member at large. I also sit on the board for Adaptable Outdoors; an organization based out of Pincher Creek that exists to provide outdoor hiking, fishing and canoeing experiences for people with a variety of disabilities. Both of these board roles are volunteer positions.

In my spare time, I help families navigate the system by showing them how to fill out forms effectively, providing suggestions for potentially helpful resources and offering a listening ear, because I know from personal experience that that the disability journey is not an easy one.



Welcome aboard, Rebecca

Quest Community



Entrepreneurs!

Let's support your business! Give us the deets of your business so we can advertise and support you in upcoming newsletters! Submit this sheet to the front desk and we will reach out to learn more!

Your Name & contact info:

Your Business Name:

EOTM SUMIT MAITRA



Congrats Sumit on your May Employee of the Month WIN! Sumit was nominated for being a wonderful coworker and employee! We so appreciate all you do for the people you support.

Tell us something about yourself!

I'm a music enthusiast, chucklehead and my world revolves around my six year old kid!

How long have you worked at Quest and what location/program do you work at?

I've been with Quest for about a year and half and work at Reach.

What is your best moment at Quest?

Every day we get the opportunity to start off a new conversation that just might have a positive impact on someone's life. There can't be a greater gift!

What advice would you give to the new hires?

Be a good listener.

If you could be any fictional character who would it be?

The Joker - Why So Serious???



Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
		1 ASL LEARNING - AM Book Club - AM Swimming - PM Culinary Class - PM	2 Tasty Thursday Culinary Class - AM Culinary Class - AM QFFL - PM ADVENTURE CLUB - PM	3 JAM SESSION 10:00 D&D CLUB - PM THEATRE EXPLORATION - PM Hot Talkolate	4/5
6 DRAMA CLUB - AM WALKING CLUB - PM Sewing Club - PM Name That Tune - PM	7 Journaling - AM Swimming - AM REC LEAGUE - PM Art Club - PM	8 NHL Tailgate Party @ Legacy Park	9 Tasty Thursday Culinary Class - AM Culinary Class - AM QFFL - PM ADVENTURE CLUB - PM	10 JAM SESSION 10:00 D&D CLUB - PM THEATRE EXPLORATION - PM Hot Talkolate	11/12
13 Mother's Day High Tea at Noon & Paint N Sip	14 Journaling - AM Swimming - AM REC LEAGUE - PM Art Club - PM Creative Community Deer-hide Earrings/Keychains - 10:30	15 ASL LEARNING - AM Book Club - AM Swimming - PM Culinary Class - PM	16 Tasty Thursday Science Zone - AM Culinary Class - AM QFFL - PM ADVENTURE CLUB - PM SPIRIT CAFÉ @ LIBRARY 1:00-3:00	17 JAM SESSION 10:00 D&D CLUB - PM THEATRE EXPLORATION - PM Hot Talkolate	18/19
20 VICTORIA DAY - CLOSED (Reach Holiday Hours 0900-1700) Disability Service Professionals Appreciation Week!	21 MOVIE MILL Journaling - AM Swimming - AM REC LEAGUE - PM Art Club - PM	22 ASL LEARNING - AM Book Club - AM Swimming - PM CREATIVE QUEST - PM Culinary Class - PM	23 Tasty Thursday Culinary Class - AM Culinary Class - AM QFFL - PM ADVENTURE CLUB - PM	24 World Schizophrenia and Psychosis Awareness Day JAM SESSION 10:00 D&D CLUB - PM THEATRE EXPLORATION - PM POOL TOURNAMENT@1230	25/26
27 DRAMA CLUB - AM WALKING CLUB - PM Sewing Club - PM Name That Tune - PM	28 Journaling - AM Swimming - AM REC LEAGUE - PM Art Club - PM	29 ASL LEARNING - AM Book Club - AM Swimming - PM Culinary Class - PM SAIL Meeting @ 1:15	30 Tasty Thursday Science Zone - AM Culinary Class - AM QFFL - PM ADVENTURE CLUB - PM	31 JAM SESSION 10:00 D&D CLUB - PM THEATRE EXPLORATION - PM Hot Talkolate	